

Name of School: **Cookham Rise Primary School**

Impact Statement Overview

Our school has signed up to a Service Level Agreement (SLA) with Ascot and Maidenhead School Sport Partnership (AMSSP); the information below outlines what we have achieved through the services we receive from the Partnership and how this contributes to PE and sport improvements in the 5 key areas of the Primary PE and Sport Premium.

Primary PE and Sport Premium Overview

The Department for Education (DfE) states, 'All children and young people should live healthy active lives'. The UK Chief Medical Officers recommend that all children and young people should take part in moderate-to-vigorous intensity physical activity (MVPA) for at least 60 minutes every day, with the recommendation for disabled children and young people being 20 minutes of physical activity per day; and The Childhood Obesity Plan states that at least 30 minutes of daily activity should take place in schools.

It is important schools are supporting children and young people to achieve this aim. This is particularly true of primary schools where the foundations of positive and enjoyable participation in regular physical activity are embedded. The DfE wants all children to have equal access to high-quality PE provision and opportunities to experience and participate in a wide range of sports and physical activities. Schools should aim to provide high-quality PE and sport for at least 2 hours a week, complemented by a wide range of extra-curricular sport and competitive opportunities. By providing this it can help improve children's health and wellbeing, personal development as well as academic attainment.

Schools should use the PE and sport premium funding to support children to meet 60 active minutes and achieve the above aims. The funding must not be used for core-type school activities. Schools should use it to:

- * make additional and sustainable improvements to the PE, sport and physical activity they provide
- * Provide or improve equal access to sport for boys and girls
- * Ensure teachers have the relevant skills and knowledge to confidently teach PE in a structured way, prioritising continued professional development (CPD) and training where needed.

It is important that schools make the most effective use of the premium. To best achieve this, spending should focus on making improvements in 5 key areas, to assist in:

- * Increasing confidence, knowledge and skills of all staff in teaching PE and sport
- * Increasing engagement of all pupils in regular physical activity and sporting activities
- * Raising the profile of PE and sport across the school, to support whole school improvement
- * Offer a broader and more equal experience of a range of sports and physical activities to all pupils
- * Increase participation in competitive sport

Any use of the PE and sport premium must be in accordance with the terms outlined in the DfE's conditions of grant document (see weblink below). This means schools must use the PE and sport premium to:

- * Build capacity and capability in the school and make sure that improvements made to the quality of PE, sport and physical activity provision now are sustainable and will benefit pupils joining the school in future

* Develop or add to the PE, sport and physical activity that the school provides.

Primary PE and Sport Premium Key Areas

There are 5 key areas across which schools should focus on to make improvements.

Through the SLA with Ascot and Maidenhead School Sport Partnership (AMSSP), we achieve the following from the services we receive from the Partnership.

Key Area 1: Increasing confidence, knowledge and skills of all staff in teaching PE and sport

The School Sport Partnership's Continuing Professional Development (CPD) Programme runs across the academic year, the content is put together following feedback from staff with courses designed to support staff in teaching PE, sport and physical activity. The courses ranged from Curriculum Dance for KS1 and KS2; Inclusion in PE focusing on Inclusion in PE Practical and Supporting Pupils with Autism in PE; School Games Mark Workshops, KS1 Active Stars Workshop, 2025 Dance Festival - Exploring Themes and Ideas for KS1 and KS2; Bee Netball CPD; Speedstack CPD; to First Pitch Baseball Practical Taster Session CPD. The Partnership's Specialist Dance Teacher delivered the Dance Curriculum Support Programme working with teachers to develop their teaching of Dance and to further develop their confidence, knowledge and skills in teaching Dance. The Partnership's Coaching Programme provided school staff with the opportunity to observe professional sports coaches in existing and new sports and activities to increase their confidence, knowledge and skills. The PE Network Meetings include a different 'sharing best practice in PE' focus each meeting (one meeting per term) including a focus on Gymnastics. The Berkshire PE Conference provided a further whole day of CPD where staff could choose their areas of focus. The School Centred Initial Teacher Training (SCITT) programme included a two day PE training course which included a focus on PE Health and Safety, PE National Curriculum, Teaching Dance for KS1 and KS2, and Teaching Gymnastics for KS1 and KS2. A face-to-face and virtual CPD Programme was provided this year, following feedback from staff about the benefits and increased accessibility of virtual CPD, with courses designed to support staff in teaching PE, sport and physical activity. The School Sport Partnership aims to work with schools to provide CPD support to all staff.

7 teacher/s trained and attended the following virtual/face-to-face PE courses: Speedstack CPD; 2025 Dance Festival - Exploring Themes and Ideas for KS1 and KS2; School Games Mark Workshop and First Pitch Baseball Practical Taster Session CPD.

0 staff attended the School Centred Initial Teacher Training (SCITT) two day PE Training Course.

0 teacher/s attended the Berkshire PE Conference.

3 teacher/s received support from a Specialist Dance Teacher to develop their dance knowledge and experience via the Dance Curriculum Support Programme.

Key Area 2: Increasing engagement of all pupils in regular physical activity and sporting activities.

(Note: The Chief Medical Officers' guidelines recommend that all children and young people aged 5 to 18 years take part in moderate-to-vigorous intensity physical activity (MVPA) for at least 60 minutes every day, with the recommendation for disabled children and young people being 20 minutes of physical activity per day; and as set out in the Childhood Obesity Plan, at least 30 minutes should take place in schools.)

The School Sport Partnership provides access to a range of different activities for children and young people throughout the year enabling schools to select different pupils for different activities, as well as opportunities to take part in the Coaching Programme and Dance Curriculum Support Programme. There is a strong emphasis on participation and the introduction of and embedding of initiatives, where whole school participation is encouraged to achieve maximum levels of participation on a regular basis, e.g. Berkshire School Games, National Fitness Day and Time to Focus virtual physical activities, Daily Mile/Active Mile. Whole classes created dances for the Primary Dance Festival, as well as class size entries to the termly Active 60 Festivals with a focus on participation. Completing a KS1 Active Stars Award application and/or a School Games Mark Award application supported the school with their focus on participation. The School Sport Partnership works with schools to establish, extend or fund attendance of sports clubs and activities and holiday clubs, or broadening the variety offered; or support to raise the attainment in primary school swimming. There is a Competition and Event Calendar with some events held on a very competitive basis, including County Level 3 Badged Events, and others requiring schools to target the less active or focus more on active participation rather than ability. Coaching sessions and events have provided targeted activities or support to involve and encourage the least active children. The Partnership has worked with schools to adopt the Active Mile initiative and also supported schools to set up sessions which encourage active play at break times and lunchtimes through sports leadership training. The National Fitness Day and Time to Focus virtual physical activities have enabled whole school participation for 10 minutes @ 10am via an online physical activity programme. The Primary Leadership Programme has provided leadership training for children and young people, who in turn have been provided with leadership opportunities at their school and at School Sport Partnership events to inspire others to take part in physical activity sessions. Sharing best practice of ways to engage all pupils in regular physical activity is a focus at each termly Partnership wide PE Network meeting.

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| 5 |
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 Primary Leaders trained as part of the School Sport Partnership's Leadership Programme.
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| 180 |
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 pupils took part in Virtual Fitness Activities (National Fitness Day - September 2024).
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| 210 |
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 pupils took part in Virtual Fitness Activities (Time to Focus - 10 minutes at 10am - January 2025)
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| 180 |
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 pupils took part in Virtual Fitness Activities (Time to Focus - 10 minutes at 10am - June 2025)

Key Area 3: Raising the profile of PE and sport across the school, to support whole school improvement

Our school is committed to raising the profile of PE and sport, and through working with the School Sport Partnership and accessing the PE, school sport and physical activity initiatives and programmes, a broad and balanced curriculum is delivered engaging our children and young people. Our school has worked with the School Sport Partnership, by attending PE Network Meetings, attending Continuing Professional Development (CPD) training opportunities, attending the Berkshire PE Conference, taking part in competitive activities in school and against other schools, taking part in participation focused events, as part of the criteria towards the School Games Mark Award. This Award has a robust framework for high quality PE, school sport and physical activity and participation for children and young people, a positive experience for children and young people which includes the 60 active minutes agenda and the development of physical literacy, that is recognised by Ofsted. The KS1 Active Stars Award recognises high quality PE, school sport and physical activity as well as participation levels and competitive opportunities for pupils. Our school is kept up to date with national and local initiatives in PE, school sport and physical activity, i.e. by attending the School Sport Partnership's PE Network Meetings as well as national/regional webinars offered by the Association for Physical Education (AfPE) and the Active Partnership (AP) 'Get Berkshire Active' (GBA). The School Sport Partnership is represented on an annual basis at the Borough's Education Leadership Forum (ELF) to help raise awareness and there is strong advocacy from representative Head Teachers who sit on the Partnership's Strategic Management Steering Group. Annual Primary PE and Sport Premium Funding action plan detailing spend and impact is displayed on our school website. Our School Sport Partnership plaque is displayed in school as a symbol of our commitment to supporting high quality PE and school sport provision, and working with others to achieve impact for our children and young people.

Not Submitted	for KS1 Active Stars Award.
N/A	level achieved for Key Stage 1 Active Stars Award.
Application Submitted	for School Games Mark Award (national accreditation) (up to 10 July 2025 . Deadline for applications is 31 July 2025).
Silver	level achieved for School Games Mark Award (national accreditation) (Final information available after 31 July 2025).
3	School Sport Partnership PE Network Meetings attended this year.

Key Area 4: Offer a broader and more equal experience of a range of sports and physical activities to all pupils

The National Fitness Day and the Time to Focus virtual physical activities raised awareness of the importance of regular physical activity and offered whole school engagement in physical activity for 10 minutes at 10am (pupils followed an online physical activity programme which was delivered to the whole school and gave everyone opportunities to be active). The termly Active 60 Festivals provided opportunities for whole classes to participate in a range of physical activities for children to achieve 60 active minutes. Primary New Age Kurling and Boccia was offered through Panathlon and our Invictus festivals to children and young people with Special Educational Needs and Disabilities (SEND) giving opportunities to pupils aged 5-11 years to learn and take part in a new sport. Children and young people were offered a range of sports and activities, from traditional to alternative sports, to take part in through the School Sport Partnership's Coaching Programme during half term blocks of coaching sessions delivered in school. Schools had the opportunity to personalise their choice of coaching/teaching activity by choosing traditional PE curriculum activities, such as Games and Athletics, to reinforce the curriculum or by selecting more alternative style activities to broaden the curriculum, e.g. Foot Golf, Pillo Polo, Archery, Team Gymnastics. The Dance Curriculum Support Programme has run across the year offering schools specialist dance teaching to whole classes across half a term (6 weeks), where schools link dance themes to cross-curricular topics. The Primary Dance Festival provided an opportunity for whole classes to work together over a number of weeks to create a dance to perform at a local theatre in front of an audience of over 400 people. Girls have been targeted through the #LetGirlsPlay Year 4/5 Girls Football event, with over 70 girls competing at the event, as part of the national campaign to encourage more girls to play football; plus the Year 5/6 Girls Dynamos Cricket Competition, with 120 girls competing, has enabled girls to experience high quality competition.

92 children and young people took part in a Coaching Programme.

86 children and young people took part in Dance lessons with a Specialist Dance Teacher.

29 children and young people practiced and performed a dance routine to over 400 people at the School Sport Partnership's Annual Primary Dance Festival.

Key Area 5: Increase participation in competitive sport

Children and young people participated in a range of competitive sports and festivals, as part of the Annual Competition and Event Calendar organised by the School Sport Partnership, with further opportunities to compete in the Berkshire Level 3 County Badged Events and the Berkshire School Games, as well as linking to local sports clubs. To reflect the targeted approach to increasing participation profiles in schools, a selection of Berkshire School Games events have moved to local invitation as a selection criteria to focus on targeted groups. The Annual Competition and Event Calendar included the following events - Year 1/2 Active 60 Festivals (class size entries - Autumn Term), KS2 Panathlon Festival (SEND pupils), Year 3/4 Little Musketeers Fencing Festival, Year 5/6 Little Musketeers Fencing Festival, Years 4-6 Cross Country Competition, Year 3/4 Speed Stacking Festival, Year 5/6 Speed Stacking Festival, Year 1/2 All Stars Cricket Festivals, KS2 Invictus Festivals, Year 3/4 Racket Pack Badminton Festival, Year 3/4 Sportshall Athletics, Year 1/2 Pillo Polo Festivals, Year 5/6 Sportshall Athletics, Year 1/2 Little Musketeers Fencing Festivals, Year 5/6 Mini Basketball Festival, Year 4/5 #LetGirlsPlay Football Festival, The Big KS1 Active 60 Festivals (Spring Term), Year 5/6 Quadkids Athletics, Year 3/4 Dynamos Cricket Skills Festival, Year 3/4 Golfway Skills Festival, Year 5/6 Girls Dynamos Cricket Competition, Year 3/4 Foot Golf Festival, Year 5/6 Foot Golf Festival, Year 4/5 First Pitch Baseball, Year 5/6 Mixed Open Dynamos Cricket Competition, Year 1/2 Active 60 Festivals (Summer Term) and Year 5/6 Super 6s Touch Rugby Festival. County Level 3 Competitions (Badged Events) included Year 3/4 and Year 5/6 Sportshall Athletics, Primary Panathlon, Year 5/6 Mini Basketball, Year 5/6 Mixed Dynamos Cricket and Year 5/6 Girls Dynamos Cricket. The Berkshire School Games events included KS2 Invictus, Change 4 Life, Golf, Fencing, Quadkids Athletics, KS2 SEND Swimming Discovery Gala, Tennis, Foot Golf, Cricket, Touch Rugby, Speed Stacking, New Age Kurling, Boccia and Wall Ball.

161

children and young people took part in School Sport Partnership Competitions/Festivals (including Badged Events and Berkshire School Games).*

0

children and young people took part in County Level 3 Competitions (Badged Events).*

0

children and young people took part in the Berkshire School Games.*

* Competition data is up to and including 9 July 2025.