

PE and School Sport Funding at Cookham Rise

For 2013/14 the funding allocated to Cookham Rise was £8880

We have used the Sports Funding to purchase the Elite membership, at a cost of £6000, of the Ascot and Maidenhead School Sport Partnership, which alongside our school actions, has enabled us to strengthen and improve our provision in the following ways:

- Bring specialist sports coaches into school to work alongside our teachers when teaching PE lessons

E.g. Gymnastics, tennis, dance and athletics

- Pay for professional development opportunities for teachers in PE and sport

E.g. Real PE courses in KS1 and KS2

- Provide cover to release teachers for professional development in PE and sport
- Attend sports competitions and increase pupils' participations in school games

E.g. Primary Dance Festival, Tag Rugby, Gymnastics, Cross Country, Bench ball, Sports Hall Athletics and Quad kids plus wider range of events at our annual Sports Day

- To purchase suitable PE and sport resources to assist teachers in the delivery of high quality PE and sports lessons

E.g. Val Sabin Gymnastics KS2, new PE mats and agility tables for gymnastics

In addition to the Elite membership support additional specialist sports coaching in games (netball, tennis and hockey) was purchased for ½ day per week for 6 months Oct – March), at a cost of £2500.

Outcomes

Across the school there has been an improvement in standards of teaching (evidenced through lesson observations) and confidence of teachers, and teaching assistants (evidenced through staff PE audit). In addition pupil conferences responses have shown the children are enthusiastic and more active in their lessons and can see how their learning is improving.

Aims of the PE curriculum 2014

The national curriculum for PE aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities

- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

Subject content: KS1

- pupils should master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns

Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in range of activities
- participate in team games, developing tactics for attacking and defending
- perform dances using simple movement patterns.

Subject content: KS2

- pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement
- they should enjoy communicating, collaborating and competing with each other
- they should develop an understanding of how to succeed in different activities and sports and learn how to evaluate and recognise their own success

Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate, and apply basic principle suitable for attacking and defending
- develop flexibility, strength, technique, control and balance
- take part in outdoor and adventurous activity challenges both individually and within a team

- compare their best performances with previous ones and demonstrate improvement to achieve their personal best.

Swimming and water safety

Pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25m
- use a range of strokes effectively
- perform safe self-rescue in different water-based situations.