



A word from Mrs Daniels

We had a very useful RWI development day last week. Our consultant is rigorous in her approach but always very complimentary about the teaching and learning she sees. My thanks to all the staff involved for being so open to constantly developing their practice.

On Friday we had the first big 'new parent show around' of the term. All of our Year 6 children have the opportunity to show visitors around the school and I am always very proud of them when they do so. Without exception, every visitor said how polite and knowledgeable the children were. It is lovely to see how proud they are of their school and well done to all of them. We have further tours booked every week until half term and I am sure they will continue to make me proud!

I have included a page about packed lunches in the newsletter this week. This is in part due to a Government drive on healthy meals in school, whether provided by us or sent in by you, and also to serve as a reminder that we ask for there to be no nuts of any kind in lunches nor chocolate or fizzy drinks. Thank you for supporting us with this.



THIS WEEK

Monday 6th Oct

Primary Young Ambassador training (six Year 6 children)

Tuesday 7th Oct

Year 4 swimming

Wednesday 8th Oct

Year 5 clarinet
6.30pm Meeting for Reception parents—behaviour and safeguarding

Thursday 9th Oct

Year 5 STEM day
Year 3—Eton (Stoneage) am
1.30pm New parents show around
Open the Book assembly

Friday 10th Oct

Year 2 Altwood Sports festival

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Over and Above Awards —Friday 3rd October

Reception	Sophia Christie	Roisin Kelly	
Year 1	Joey Thornton	Elsie Burke	
Year 2	Leo Witney	Noah Wardle	
Year 3	Callum Fletcher	Reuben Martin	
Year 4	Zach Finn	Benji Rodger	Cydney Foley
Year 5	Kairi Stevens	Lily Stevens	Alvin Spiers
Year 6	Thomas Beaney	Millie Martin	



Calendar for term 1

Mon	Tue	Wed	Thurs	Fri	Sat	Sun
13 9.30am Governor finance meeting	14	15	16	17 9.00 Cabin coffee morning—Five to Thrive	18	19 Circus
20	21 Three workshops for Years 2-6	22	23	24 Staff training day	25	26

Calendar for term 2

Mon	Tue	Wed	Thurs	Fri	Sat	Sun
3 Nov	4	5	6 Individual photos	7	8	9
10	11	12	13	14	15	16
17	18	19 Well being Champion training	20	21 Reports to parents	22	23
24 KS2 poetry work- shop	25 Parent consultations	26 Wayne Dixon—Year 6 'Christmas unwrapped'	27 Parent consultations	28	29	30
1 Dec Year 6 National archives online	2	3 Years 5 and 6 'Matilda'	4	5 3pm Christmas Fair	6	7
8	9 Reception nativity dress rehearsal to the school 2pm Reception nativity for families	10 KS1 dress rehearsal to the school 2pm Rocksteady concert	11 2pm and 6pm KS1 show for families	12	13	14
15 Years 1 and 2 Kenton theatre	16	17 Christmas lunch	18 Reception to Norden Farm 2.45pm KS2 carol concert	19 Last day of term finish at 1.30pm	20	21

OPAL

If any families have any swim noodles that they no longer need we would be grateful to receive them for OPAL. Please bring in and leave by the OPAL shed. The children love using them for den building.



The Golden Boot Award Winners last week were...



Well done to Leo, Freya and Ted in Year 1 who won the Golden Boot for Year 1 on Friday. They consistently showed kindness to other children at lunchtime last week.

Packed lunches

Pack your child a **HEALTHY LUNCH BOX**



Choose a variety of foods from each food group

Fruit



Vegetables



Dairy



Wholegrains



Lean meat
& alternatives



A Healthy Lunch Box



Please avoid packing:

Any form of nuts, chocolate or fizzy drinks.

Thank you for your support with this.

A new morning club for term 2



**Nurture kids yoga
with Sallie**

**EARLY MORNING YOGA CLUB - WEDNESDAY'S
AT "COOKHAM RISE" SCHOOL**

5th November until 17th December 2025

8am to 8.45am only £8.50

All Years Welcome! Free Trial available!

Help your little ones embrace calm, focus,
and fitness through Yoga and
Mindfulness Classes for Kids!



Register Now

sallie.windsor@nurturekidsyoga.com or

07846992824

Pupil IT Agreement

This week in school, children will be given a copy of our “IT Acceptable Use Policy for Pupils” to bring home, read with you, sign and return to school. We really appreciate your support in helping keep children safe online; the following guide provides more information about what you can do at home.

Back to School guide for parents: [Discovering Digital at Primary](#)



[Back to School guide for parents: Discovering Digital at Primary](#)

THE CIRCUS IS COMING TO COOKHAM RISE SCHOOL

WITH THANKS TO OUR
BIG TOP SPONSOR



SHANLY
FOUNDATION



OPEN TO EVERYONE!
SUNDAY 19TH OCTOBER
GATES OPEN 12PM - BIG TOP SHOW 2-5PM
BBQ, BAR & CIRCUS THEMED GAMES FROM 12PM

SCAN QR CODE TO BOOK TICKETS
EARLY BOOKING DISCOUNT

£12.50 SINGLE

£30 FAMILY OF 3

£40 FAMILY OF 4

£50 FAMILY OF 5

[HTTPS://COOKHAM-RISE-PRIMARY-
PTA.SUMUPSTORE.COM/PRODUCTS](https://cookham-rise-primary-pta.sumupstore.com/products)



CIRCUS RUNNING ORDER

JOIN US FROM 12PM FOR:

BBQ & BAR

SWEETS/CAKE STALL

CIRCUS MERCH

CIRCUS GAMES & PRIZES

BIG TOP OPEN 1.30PM

CIRCUS STARTS 2PM

INTERVAL

BAR & SWEETS/CAKE



Cabin Coffee Morning
Friday 17th October @ 9.00am
'Five to Thrive'



Please join us over coffee in our cabin on Friday 17th October at 9am where we will have Natalie Evans, joining us to learn about 'Five to Thrive.' Come and learn more about how to help your child develop resilience.

The Five to thrive model is a way of understanding how connected relationships are fundamental to human wellbeing and help us to build resilient communities. More than 90% of what we know about the brain has been discovered in the last 20 years or so – research in neuroscience is transforming how we think about wellbeing and resilience. One of the key findings is that people need people. We will explore the five to thrive building blocks and describe a sequence of relational activities that build healthy brains in young children and maintain healthy brain function throughout their life.

More information can be found here
<https://fivetothrive.org.uk/>

Mrs O'Mahony

GEMS workshop

GEMS is an organisation who provide a range of workshops and support for families. The next workshop they are running is 'Understanding Emotional Regulation' on Tuesday 7th October, 7-9pm (online). The workshop will cover:-

- Understanding emotional regulation
- Factors affecting regulation
- The window of tolerance
- The neuroscience of emotional regulation
- Fight/flight/freeze/flop/flood/fawn responses
- Strategies to return to and stay in the window of tolerance

These workshops have been really helpful to our parents in the past who may have been experiencing difficulties with their children but also from parents who want to feel informed and develop their parenting knowledge. You can sign up through the following link...

<https://www.gems4health.com/workshops/>

Maidenhead Big Read

Maidenhead's Big Read



presents a Bookmark Drawing Art Competition

Theme: "Get Moving!" — Active Adventures in Books

About the Theme

Books don't just take us on mental journeys – they inspire us to move! This year's theme is "Get Moving!". We invite you to design a bookmark that captures the energy of being active, to explore how stories encourage physical activity, sports, and energetic adventures.

Think of:

- Characters running through magical forests 🌲
- Athletes chasing dreams on the field ⚽
- Explorers hiking mountains or sailing seas 🏞️
- Book heroes who inspire you to get up and move 🦸



How to Participate

- Who: Open to all students upto 14 years of age
- What: Create a drawing (hand-drawn or digital)
- Format: PDF or JPEG or PNG
- Deadline: 24th October 2025
- Submit to: hello@maidenheads-big-read-org.uk



Prizes & Recognition

- Winning entries will be printed on a bookmark during MBR2026
- Top artists will receive exciting prizes
- Selected entries will also be showcased at Maidenhead Library, MBR website & MBR social media
- Judging will be undertaken by local Children's Author & Poet Simon Mole

Why Join?

- Celebrate the power of books to inspire action
- Share your creativity with the community
- Be part of a fun and imaginative festival to celebrate love of reading



Let Your Art Move the Story Forward!

Whether it's a wizard sprinting through a spellbound maze or a soccer star from your favorite novel scoring the winning goal – show us how books get us moving!

WINDSOR
GREAT PARK

ILLUMINATED
14 November '25 – 3 January '26

A Magical Family Adventure at Windsor Great Park Illuminated!

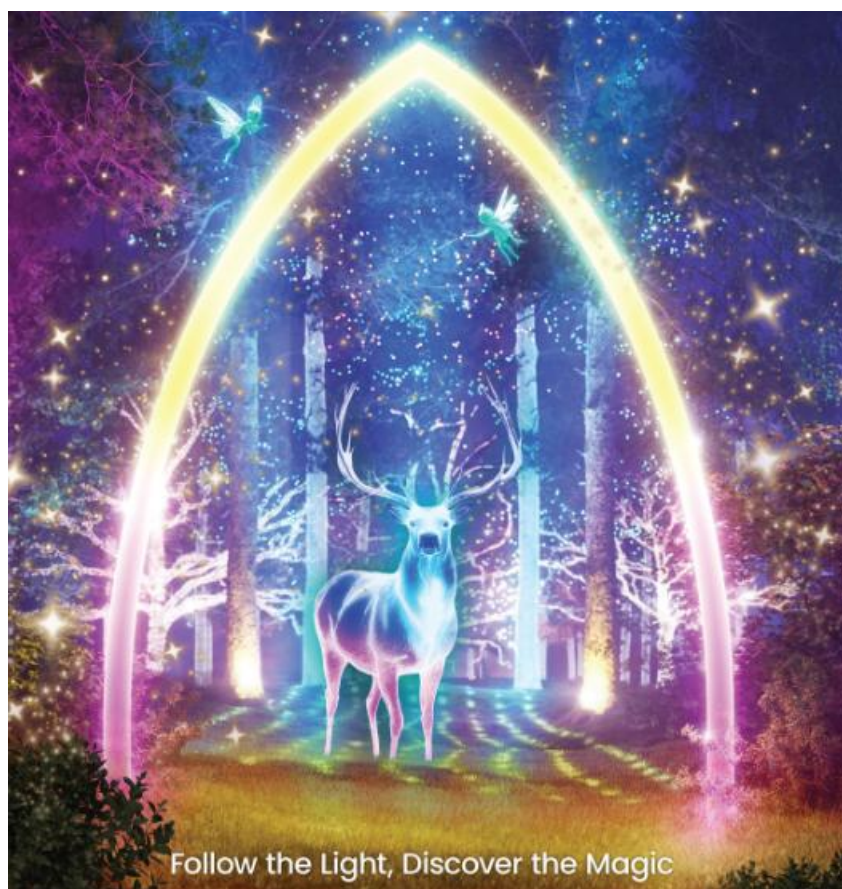
From **14 November 2025 – 3 January 2026**, Windsor Great Park will sparkle with a brand-new illuminated trail, filled with dazzling new displays and returning favourites like the iconic Field of Light and Fairies.

It's the perfect festive outing for families and friends – wander through glowing woodland, watch colourful fountains dance, and stop to toast marshmallows or enjoy hot chocolate under the stars. Best of all, the trail is **dog-friendly every evening**, so even four-legged family members can join in the fun.

New this year is a **Low Sensory Session** on **Tuesday 25 November**, offering a calmer way to enjoy the magic.

Tickets sell quickly, so book early to make magical memories your family will treasure.

www.windsorilluminated.com



Freecycle winter clothes

By popular demand we're back, so start sorting and clearing out what's been grown out of or just not worn for a while.

Bagged up clothes (preferably winter) can be dropped off at the library from 9.30am on the day. If you're not able to come along but want to donate we can arrange to pick them up for you - just contact us at cookhamsfootprint@gmail.com

Everything afterwards that hasn't been chosen and picked up will be donated to the Baby Bank (all ages) and other charities.

Our Books, Toys and Homeware Freecycle will be on the 15th November, in time for Christmas.



FREECYCLE WINTER CLOTHES

**SATURDAY 1st Nov
10.00am to 12.00pm**

**At Cookham Library
Community Room**

See us on Facebook - contact us at:
cookhamsfootprint@gmail.com

**Cookham Rise
Primary School**

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Berkshire
SL6 9JF

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01628 520961
Fax:
01628 532536
E-mail:

office@cookhamrise.org

Website:
www.cookhamriseprimary.org

**We want ALL of our
children to shine!**



Tickets can be purchased here:

[The Annual Funk 2025 | Funkin' Souled Out | MatterPay](#)

