



A word from Mrs Daniels

Well done and thank you to all the children who swam yesterday at Braywick to raise money for The Lions Club and for the school. I have been told that the children were a credit to Cookham Rise and supported each other brilliantly—I am very proud of them all! See page 5 for some photos.

Last week, Year 3 started to develop their dance for the festival next month which takes place at Braywick Leisure Centre. It was fantastic to see how much they progressed on their first day. Well done to all of them and I look forward to seeing their finished dance on the 13th February. Information about the purchase of tickets has been sent out to Year 3 families and these go live to buy on Thursday at midday.

The staff team are really pleased with how well the children are adapting to slightly different lunchtimes. There is an OPAL update on page 4 with photos of some of the new activities. It has been lovely seeing mixed ages playing together and to see how well some of our older children have supported those younger than them.

THIS WEEK

Monday 13th January

Tuesday 14th January

Jane Douglas—dance festival work with Year 3

MMR sport coaching—Year 4

Wednesday 15th January

KS2 Prime VR day

Thursday 16th January

At noon tickets sales go live for the Year 3 dance festival with TicketSource

Friday 17th January

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Over and Above Awards—Friday 10th January

Reception	Kyle Flaherty	Elsie Burke	Archie Danks-Burrows
Year 1	Alayna Gould	Noah Wardle	Josh Clayton
Year 2	Felicity Kibbler	Isla-Rose Thornhill	
Year 3	Madison Thrift	George Leathers	
Year 4	Etha Austin	Alyssia Holland	
Year 5	Georgie Poulter	Gabriel O’Sullivan	
Year 6	Matilda Wood	Raphael Van Haarst	



Calendar for term 3

Mon	Tue	Wed	Thurs	Fri	Sat	Sun
13 Finance committee	14	15 KS2 Prime VR day	16	17	18	19
20 7pm GB meeting 7pm PTA meeting	21	22	23	24	25	26
27	28	29	30	31	1	2
3	4	5 RWI school develop- ment day	6	7 PTA quiz night Doors open at 7.15pm	8	9
10	11 Safer Internet Day— Paul Hayes in school	12	13	14	15	16
HALF TERM WEEK						

OPAL news

Our lunchtimes are off to a great start with the children enjoying sharing spaces and being outside together (years 1–6). Here is a snapshot of some of the things they are doing -



We are planning on having a 'grounds day' in school on Saturday 29th March when we will be asking if adults can spare any time to help us care for and develop our outdoor spaces—please save the date!

Thank you for your support.

Mrs O'Mahony



Cookham Rise Swimathon

A huge well done to everyone who took part in the Swimathon yesterday!

Thank you to Yaegar Irwin for organising our entry and to all the parents who supported and everyone who sponsored.

Over £2000 has been raised with half going to Maidenhead Lions and half to school.



Music lessons

Rocksteady - after a successful Christmas concert, the children learning to play instruments with Rocksteady are going from strength to strength. There are currently vacancies in some bands for children who wish to learn guitar, keyboard or voice. If you would like to find out more, please visit <https://www.rocksteadymusicschool.com/>

Piano lessons

We currently have a couple of spaces for children (KS2) to learn the piano. Our piano teacher, Pamela Wise teaches at school every Wednesday. The lessons cost £20 for 30 minutes. If you would like to find out more, please email pamelawiseemail@gmail.com

Berkshire Music Trust

Berkshire Music Trust are our local music hub. They teach year 5 the clarinet as part of our curriculum music. If you would like your child to learn an orchestral instrument, they are an ideal place to look. They also offer regular music activities such as singing and composing workshops. Their website is <https://www.berksmusictrust.org.uk/>

Mrs Rogers



Free sessions to support with your child's behaviour at home

Thursday 30th January at 20:00

Behaviour Book Club for families

A free session on supporting children's behaviour at home, open to all parents, carers, families and educators.

To book your spot on any of our sessions, please visit the events page on our website here: <https://www.whentheadultschange.com/events>



Quiz Night—Friday 7th February

COOKHAM RISE presents

QUIZ NIGHT

FRIDAY February

£20 per person
Includes meal and nibbles

DOORS OPEN 7.15PM
UP TO 8 PEOPLE PER TEAM
YOUR TEAM CHOOSES THE FANCY DRESS THEME
PRIZES FOR BEST DRESSED TEAM
TICKETS ON SALE NOW - PTA SUMUP ONLINE STORE

COOKHAM RISE PRIMARY SCHOOL HALL

We are aiming for our children to be active for at least 60mins a day. Here's how ...



HOW DO YOU GET YOUR

60 ACTIVE MINUTES



Sports Clubs



40 min

40 min

Family Walks



Active Play with Friends & Family

40 min



40 min

Active After School Clubs

Active Classroom Breaks



5 min

15 min



Active Breaktimes



10 min

Active Mile


Active Travel to School

10 min



The Chief Medical Officer recommends:
60 minutes of activity for children every day &
20 minutes for disabled children & disabled young people

Dodgeball club



FREE 4 WEEK TRIAL

BOOK HERE

DODGEBALL CLUB

FREE TRIAL STARTS
WEDNESDAY 22ND JANUARY –
WEDNESDAY 12TH FEBRUARY

Be a part of the faster growing sport in schools!

Why Join Dodgeball?

- ✓ Improves confidence, resilience & focus
- ✓ Inclusive environment with friendly coaches
- ✓ Skill Development

AGE 5-11 YEARS

YEAR 1 - 3
5:15pm-6:15pm

YEAR 4 - 6
6:20pm-7:20pm

4 WEEK FREE TRIAL

Usually £6.50 per session

Scan the QR code or visit our website to book

LIMITED SPACES AVAILABLE

Alwyn Infant School, Maidenhead, SL6 6EU

For More Information go to www.mnrcoaching.com

Emotionally related school avoidance



GEMS

Autism & ADHD Support Service
East Berkshire

Virtual Coffee Morning - Emotional Related School Avoidance

Friday 17th January
10am to 11.15am

**25 spaces
available!**

Join our online informal discussion to
cover the following areas:

- Exploring school avoidance: why it happens and strategies to support
- The effects on the child, parents and school
- Finding positive social and academic support strategies

Celebrate your success with other
parents/carers, share your experience and
gain support during our coffee morning.

Sign Up Today!



Available for families who reside in or have a registered GP in East Berkshire
with a child who is Autistic/ADHD (suspected/pathway/diagnosed)

To book your place contact GEMS:



Gems.4Health@nhs.net



0800 999 1342

Wild Cookham

The Big Bug & Bird Bash is a fun workshop for the whole family!

There will be two workshops on offer:

- 1) Re-purpose your natural Christmas Wreath (you will need to bring your wreath with you)
- 2) Build a bird box - all materials for this will be provided

The event will take place from 2pm-4pm at Holy Trinity School, Cookham on Saturday the 18th January. Refreshments will be provided. Places are limited so book now to avoid disappointment!



Join us for a fun-filled day at "The Big Bug and Bird Bash"!

Dive into the world of nature as we transform natural Christmas wreath decorations into cozy bug hotels and build beautiful bird boxes for our feathered friends! This hands-on event promises to be a fantastic adventure for children of all ages, fostering creativity and a love for the environment.

Don't forget to bring your own wreaths to repurpose, while we'll provide all the materials for the bird boxes. With limited space available, be sure to book your place today! Tickets are just £5 for a single child or £10 for a family pass. Let's make a difference together!

BOOK YOUR TICKETS : <https://form.jotform.com/243635552095056>

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Congratulations to Freddie who has been selected to join Wycombe Wanderers' Under 10s Elite Development Centre.

We want ALL of our children to shine!

