

# School News

Issue 8

Tuesday 5th  
November 2024



## A word from Mrs Daniels

I hope that you had a lovely half term break. It was great to see so many of you at the consultation evenings before half term—thank you.

A few weeks ago I attended a talk at Moor Hall by Tanya Goodin about a Smartphone free childhood. I have included some of the information from this in this newsletter. It is frightening to see the negative impact that smartphones can have on our children but positive to see the amount of support there is locally for us to join together to ensure that children are safeguarded against this for as long as possible. Pages 9–14 have more info and some slides from the speaker.

We have a busy half term ahead please do read the newsletter to see what is going on and keep an eye on the calendar—thank you!

## THIS WEEK

### Tuesday 5th November

Year 4 swimming

### Wednesday 6th

OPAL training for the staff team

### Thursday 7th

Individual school photos  
(letter emailed out yesterday)  
1.30 new parent tour  
Maths training for parents with  
Nathan Crook 'Big thinking not big  
numbers' 7-8pm

### Friday 8th

## Inside this issue:

Over and Above Awards	2
Charging and remissions policy	
Calendar term 2	3
Maths	4
Uniform	
Singing	5
Anti-bullying week	
Children In Need	6
Cross country	7
Wacky Science	8
Smartphones	9 - 14
Bags2School	15
Thought for the week	16

## DONATION OF THE DAY ...

We would love any items that would enhance the art and junk modelling part of Reception. If you have any items that can be used for junk modelling e.g. small boxes, then please drop them at the office (no egg cartons or toilet rolls, thank you)

## COMING SOON

w/c 11th November Anti-bullying week—choose respect  
12th November Odd socks to celebrate diversity  
14th November Bags2School  
15th November Children In Need Day

## **Over and Above Awards—Thursday 24th October**

<b>Reception</b>	Albie Thrift	Ava Woodward	Enzo Spence
<b>Year 1</b>	Lola Dabbs	Daisy Salmon	
<b>Year 2</b>	Jake Bampton	Elliot Reece	
<b>Year 4</b>	Whole of Year 4		
<b>Year 5</b>	Rufus Read	Euan Sutcliffe	
<b>Year 6</b>	Matti Gait	Alistair White	



## **Voluntary Contributions**

**We have just updated our Charging and Remissions Policy.**

**A reminder that any request for money for trips or events held within the school day is a request for a voluntary contribution. Whilst it is voluntary, unfortunately, if enough parents do not pay we will have to cancel the event or trip.**

**Thank you.**

## Calendar for term 2

Mon	Tue	Wed	Thurs	Fri	Sat	Sun
4th Nov Training day	5 Year 4 swimming	6	7 Individual school photos 1.30 new parent tour Maths training for parents with Nathan Crook 'Big thinking not big numbers'	8	9	10
11 Anti-bullying week—choose respect	12 Odd socks to celebrate diversity day  Year 4 swimming	13 Some of Year 2—cricket festival	14 Bags 2 School  Year 5 STEM challenge day	15 Children in Need day	16	17
18 9.30 GB finance committee 7pm PTA meeting	19 Some of year 5/6 Invictus games 9.30 new parent show around Year 4 swimming	20 Year 6—Sarah Parfitt re. Cookham Dig	21 Year 2 lantern workshop	22	23	24
25 7.30pm GB meeting	26 Year 4 swimming Years 5 and 6 Houses of Parliament	27	28 Well-being Champions training	29	30 Christmas tree pick up	1 Dec
2 Year 6 height and weight	3 Year 4 swimming	4	5 Fire presentation for Year 5	6 Mufti day for tombola donations 3—5pm Christmas Fair	7	8
9 Hour of code week	10	11 Rec nativity for the school 2.30pm Rec nativity for families	12 2pm and 6pm KS1 Christmas play for families	13 Reports to families Years 1—6	14	15
16	17 KS1 to Kenton theatre—Snow White	18 Christmas lunch 2.30pm Rock Steady concert	19 Elm to Norden Farm—Pinocchio KS1 to Methodist Church 2.30 KS2 carol concert	20 School finishes at 2pm	21	22

## Maths session for parents

**Thursday 7th November 7–8pm**  
**Big thinking not big numbers**

Mrs Bond has put information from the sessions that have already run on our school website which can be accessed here:

<https://cookham-rise-primary-school.secure-primariesite.net/workshops-for-parents/>

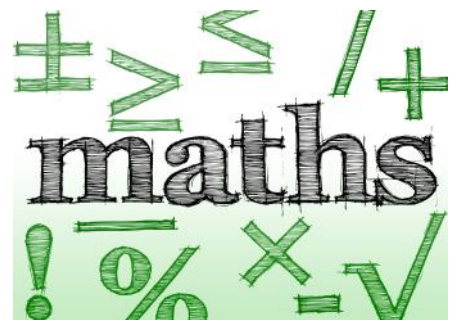
and a document about Maths vocabulary has been added here:

<https://www.cookhamriseprimary.org/key-mathematical-vocabulary/>

The second session being run is this week by a Maths consultant called Nathan Crook. He is really interesting to listen to and will explain brilliantly the idea of big thinking rather than big numbers.

There are only 40 spaces available for this with 24 spaces booked as of 9.00am this morning.

<https://forms.office.com/e/dyTxdqYxaX>



## Uniform

A parent has asked for further clarity around uniform

- ◆ any grey 'bottoms' i.e trousers, skirt, pinafore, shorts
- ◆ white polo shirt
- ◆ school cardigan or jumper
- ◆ a fleece can be worn as an additional layer if required but not in place of a jumper or cardigan

## Singing

So many of you joined us on the Tuesday before half term to listen to the whole school sing—thank you!

My thanks to Mrs Rogers for leading our weekly singing assemblies and for organising this and to Mrs Bond for recording the session and uploading it here -

<https://cookham-rise-primary-school.primarysite.media/>



## Anti-bullying week next week w/c 11th Nov

The theme for anti-bullying week this year is 'choose respect'. This will be our theme for assemblies that week and we will also be taking part in Odd Socks Day on Tuesday 12th November, with children and adults encouraged to wear odd socks to celebrate what makes us all unique. Children should wear school uniform as usual that day but can add in socks of their choice.



**Children In Need—Friday 15th November**



**WHAT**

Mufti day donations

**WHEN & WHERE**

Cookham Rise  
Friday 15th November

**CONTACT**

School Office



## Cross Country



Well done to all the children who attended the cross country event at Altwood in the week before half term and my thanks to Mrs O'Mahony for taking them.

Mrs O'Mahony was very proud of all of them!



## Wacky Science Shows



Thank you to the PTA for paying for this—the children had a great time!



## A Smartphone Free Childhood Campaign



# WHAT NOW?



Visit the Smartphone Free Childhood website and sign up to their newsletter: [smartphonefreechildhood.co.uk](http://smartphonefreechildhood.co.uk)



**SIGN THE PARENT PACT**  
committing to wait until at least  
the end of Year 9 before getting  
your child a smartphone

Join your school WhatsApp group. Or set up your own!



Cookham  
Dean



Cookham  
Rise



Holy  
Trinity



Herries

Sign up for the HMD Better Phone Project:  
[www.hmd.com/en\\_gb/better-phone-project](http://www.hmd.com/en_gb/better-phone-project)

**HMD**

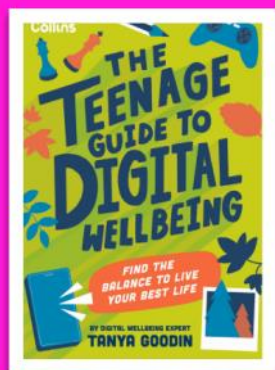
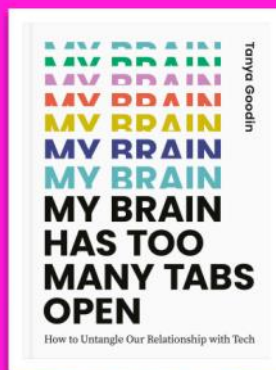
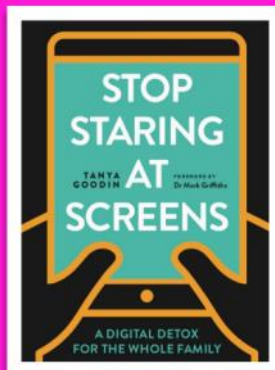
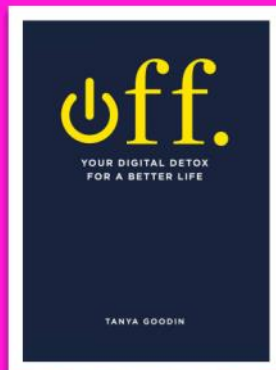
### Contact your MP...

...about the Safer Phones Bill,  
launched this week.

### TALK about it!

Not everyone  
knows the risk or  
the choice  
available!

If you have any ideas or suggestions, please feel free to e-mail: [smartphonefreechildhood@cookham@gmail.com](mailto:smartphonefreechildhood@cookham@gmail.com)



[WWW.TANYAGOODIN.COM](http://WWW.TANYAGOODIN.COM)

## WHAT WE KNOW

TECH FAST, RESEARCH SLOW

INDIVIDUAL DIFFERENCES

TWO-WAY EFFECTS

NEED TO ASK THE RIGHT Q'S

IT'S COMPLICATED!

# THE '3Ds'

## DELAY (UNDER 13)

DON'T MAKE IT ABOUT THE **DEVICE**

**DISCUSS** PERSUASIVE TECH/  
ONLINE ENVIRONMENT  
VIA 'MUTUAL EDUCATION'

I'M EXCITED TO GIVE YOU THIS  
**SMARTPHONE**  
and there are some rules that go along with it...

**TEXTING:** You are allowed to send up to \_\_\_\_\_ texts per month.  
But, you are not allowed to text while: \_\_\_\_\_

**CALLS:** You are allowed to make up to \_\_\_\_\_ hours of calls per month. Please do not exceed this amount without prior approval (except in an emergency, of course!).

**WEB BROWSING:** This phone has an Internet connection and location services. You are allowed to: \_\_\_\_\_  
but you are not allowed to: \_\_\_\_\_

**APPS:** You are allowed to download up to \$\_\_\_\_\_ worth of apps per month and I would appreciate if you checked-in with me before purchasing them.

**PHONE-FREE TIME:** I always want to be able to reach you, but there are some occasions where I would like you to put your phone away like: \_\_\_\_\_

1. PHONE BELONGS TO PARENTS

2. PARENTS WILL HAVE ACCESS TO ALL PASSWORDS

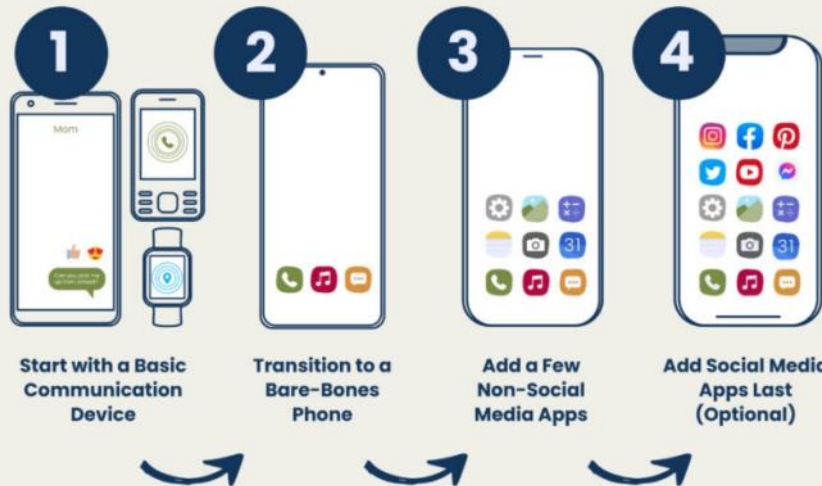
3. HOURS PHONE WILL BE ON & OFF

4. CHARGED OVERNIGHT IN CENTRAL AREA

5. WHAT HAPPENS IF RULES NOT FOLLOWED

# Smartphone Stairsteps

A FOUR-PHASE PROCESS



## TACTICS FOR UNDER 13s

ANY PHONE IS 'OWNED' BY YOU (CONTRACT)

NO SOCIAL MEDIA (IF YOU CAN)

DON'T MAKE PARENTING ABOUT PHONES

INITIATE CONVERSATIONS (USE NEWS AS PROMPTS)

HOLD YOUR NERVE!

## TACTICS FOR TEENS

DEAL WITH DISTRACTIONS

BE ALERT TO DISTRESS

KEEP AN EYE ON CONTENT

CONSUME CONSCIOUSLY

TALK ABOUT PERSUASIVE TECH

## TACTICS FOR PARENTS

LEAD BY EXAMPLE

PHONE-FREE ZONES

TAKE 'TRUST' OUT OF THE EQUATION

PRIORITISE SLEEP

TALK TO EACH OTHER

ASK THE RIGHT Q'S

## QUESTIONS

“WHO DO YOU FOLLOW/WATCH?”

---

“WHAT DO YOU LIKE ABOUT THEM?”

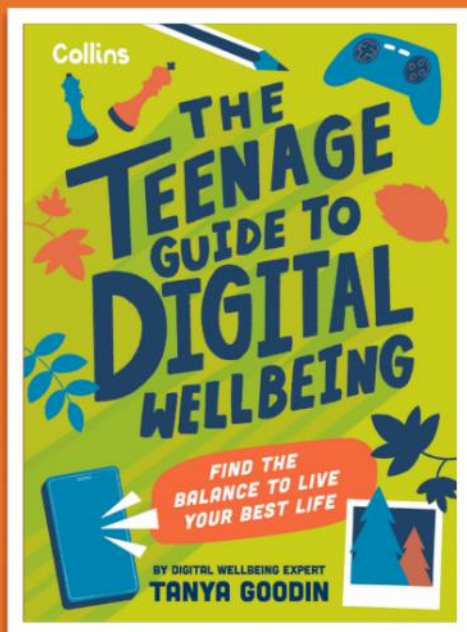
---

“HAVE ANY OF YOUR FRIENDS EVER POSTED/SEEN ANYTHING THAT WORRIED YOU?”

---

“HOW DOES BEING ONLINE MAKE YOU FEEL?”

---



[WWW.TANYAGOODIN.COM](http://WWW.TANYAGOODIN.COM)











# Bags 2 School—Thursday 14th November





## BAG 2 SCHOOL

### Thurs, Nov 14th

Is it time for a clear out? Support the school by bringing your unwanted clothes and raise funds for the school and support textile recycling. Below is what we **can** and **can't** collect.

 Clothes	 Paired shoes	 Handbags	 Hats
 Bags	 Scarves and ties	 Bras	 Jewellery
 Socks	 Belts		

 Duvets and blankets	 Pillows and cushions	 Carpets, rugs and mats
 Soiled, painted, ripped or wet clothing	 School uniforms with and without logo	 Corporate clothing and workwear
 Textile off cuts, yarns or threaded material	 Furniture and large items	 Batteries

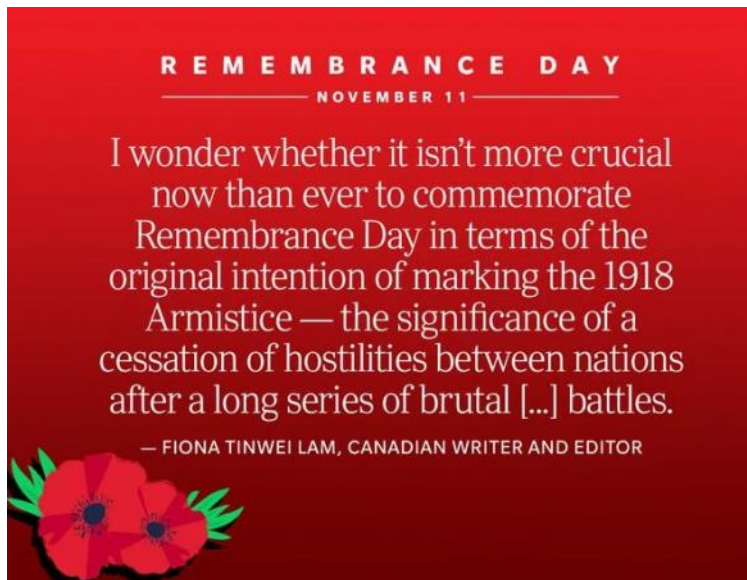
## Cookham Rise Primary School

High Road  
Cookham  
Maidenhead  
Berkshire  
SL6 9JF

Tel:  
01628 520961  
Fax:  
01628 532536  
E-mail:

[office@cookhamrise.org](mailto:office@cookhamrise.org)

Website:  
[www.cookhamriseprimary.org](http://www.cookhamriseprimary.org)



Poppies will be on sale in the playground before school this week.

